

Measurements Needed:

- Have someone else take your measurements.
- If possible, wear the clothes that you will be wearing under the coat, or clothes of comparable thickness, when you have the measurements taken.
- When taking measurements the tape should be held easily and naturally, neither held slack nor drawn tight.
- When taking measurements of the arm, the arm should be flexed to get the maximum dimensions and avoid constraint.

Measure and write each one down as taken:

_____ Neck over shirt and stock or neck-cloth.

_____ Distance from base of neck to shoulder joint.

_____ Across the back of shoulders, from shoulder joint to shoulder joint.

_____ Shoulders across the shoulder blades between the sleeve seams.

_____ Length of front, from base of neck to hip bones.

_____ Length of front, from base of neck to crotch.

_____ Length of front, from base of neck to top of knee.

_____ Length of back, from bony area at base of neck to tailbone.

_____ Circumference of chest, measured just under the armpits.

_____ Circumference of waist, measured at the top of the hip bones (just below the navel).

_____ Circumference of hip bones, measured over the hip bones.

_____ Length of arm from joint of shoulder to wrist bone with the arm hanging down.

_____ Length of arm from point of shoulder to elbow with arm bent.

_____ Circumference of arm at shoulder, measure over the shoulder joint.

_____ Circumference of bicep of arm when flexed.

_____ Circumference of forearm when flexed.

_____ Measure from front of armpit, across breast to front of opposite armpit.

_____ Scye depth- measured from the top of the shoulder to the bottom of the armpit.

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